



Your local mental health charity in Bradford, Airedale,
Wharfedale and Craven

Severe Mental Illness (SMI) and Physical Health Checks

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What?

- **Working together as a system**
- **Tackling health inequalities**
- **Creating a long lasting impact**



Why?

- **Reduce early mortality**
 - **People living with SMI- die 15-20 years earlier than the general population**
- **Promote better quality of life**
 - **People are dying from preventable, treatable conditions**



How?

1. Training VCS staff/volunteers about:

- **The inequalities**
- **Physical health checks**
- **How they can help**

2. Producing resources to improve access & engagement

3. Commissioning new interventions



Who?

- **System wide initiative**
- **Healthy Minds**
- **Primary Care**
- **Community Partnerships**

Your Role?

- **Training**
- **Steering Group**
- **Interventions**
- **Share thoughts and ideas**
- **Campaign soon to be launched**



Questions?